

Sofia

Choreographer : Francien Sittrop (May 2016)
Type of dance : 4 wall linedance
Level : Intermediate
Counts : 64
Intro: 16 Counts on Vocals

Home

Music : Sofia
Artist : Alvaro Soler
[Dancevideo](#)
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www.franciensittrop.nl

Step fwd, ½ L, Kick Ball Step, Syncopated Lockstep, Kick Ball Cross

1 – 2Step R fwd, make ½ Turn L on ball of R (weight ends on R) and touch L next to R (06.00)
3 & 4Kick L fwd, Step L down, Step R fwd
5 – 6&Step L diag. L fwd, Lock R behind L, Step L Diag L fwd
7 & 8Kick R fwd, Step R down, Step L across R

Side Rock , Recover, Behind , Side , Cross, Side Rock, Recover, Behind, ¼ R, Step fwd

1 – 2Rock R to R side, Recover on L
3 & 4Step R behind L, Step L to L side, Step R across L
5 – 6Rock L to L side, Recover on R
7 & 8Step L behind R, ¼ Turn R step R fwd, Step L fwd (09.00)

Rock fwd, Recover, Triple Full Turn R, Rock Step , Recover, Shuffle ½ Turn L

1 – 2Rock R fwd, Recover on L
3 & 4Triple full turn R with R, L R
5 – 6Rock L fwd, Recover on R
7 & 8¼ Turn L step L to L side, Step R next to L, ¼ Turn L step L fwd (03.00)

Jazz Box, Toe Touches fwd and Back, Kick Ball Cross

1 – 4Step R across L, Step L back, Step R to R side, Step L across R
5 – 6Touch R toe fwd, Touch R toe back
7 & 8Kick R fwd, Step R down, Step L across R

Side, Clap Clap, Side, Clap, Clap, Side Rock, Recover, Crossing Shuffle

1 & 2Step R to R side, Clap hands twice
&3&4Step L next to R, Step R to R side, Clap hands twice
&5–6Step L next to R, Rock R to R side, Recover on L
7 & 8Step R across L, Step L to L side, Step R across L

Paddle ½ Turn R, Cross Rock , Recover, Cross Rock , Recover, Prissy Walks fwd L, R

1 – 2Touch L fwd and paddle ½ Turn R, Touch L to L side (09.00)
3-4&Rock L across R, Recover on R, Step L next to R
5-6&Rock R across L, Recover on L, Step R next to L
7 – 8Step L across R, Step R across L

Monterey ½ L, Shuffle fwd R, L

1 – 4Touch L to L side and make ½ Turn L, Step L next to R,
Touch R to R side , Touch R Next to L (03.00)
5 & 6Step R fwd, Step L next to R, Step R fwd
7 & 8Step L fwd, Step R next to L, Step L fwd

Jump fwd, Touch and Clap, Jump back, Touch and Clap, Skates back, Rock back , Recover

&1-2Jump Diag R fwd with R(&), Touch L next to R(1), Clap hands (2)
&3-4Jump Diag L back with L (&) , Touch R next to L (3), Clap Hands (4)
5 – 6Skate back R, L
7 – 8Rock R back, Recover on L

Start again

Tags:-

Tag 1 after wall 1 & 3 and start again with count 1

Tag 2 after wall 2 & 4 and start again with count 1

Tag 1: Rocking Chair R

1 – 4Rock R fwd, Recover on L, Rock R back, Recover on L

Tag 2 (16 Counts) : Rocking chair, Jazz box ½ Turn R

1 – 4Rock R fwd, Recover on L, Rock R back, Recover on L
5 – 8Step R across L, ¼ Turn R step L back, ¼ Turn L step R fwd, Step L fwd
9 - 12Rock R fwd, Recover on L, Rock R back, Recover on L
13-16Step R across L, ¼ Turn R step L back, ¼ Turn L step R fwd, Step L fwd